



From The Principal

Kaye Fitton

## STRONG FINISH

With only 4 weeks of the school year left, it is important that all students complete their school year to the best of their ability. We all know in sport, games can be won or lost in the last innings, quarter or even few seconds. Maintaining focus to the end is one of the most important strategies players and coaches employ to achieve success. The same applies in performance. Actors, musicians and live artists are successful because of their concentration to the end of the song or performance. There is no doubt finishing well can make a difference, and this applies to learning too.

Preparation for the following year is often part of the “finishing” and to that end, Miss Lee and Miss Farrier will be running Academic Writing Workshops for our Year 9 and 10 students. These will take place next week on Tuesday 29<sup>th</sup> November. This is a fantastic opportunity for our students to gain the “heads up” for next year and learn some valuable tips and skills to assist their future study.

This week we are also welcoming nine new Reception students and five Year 7s for their Transition Programs. It is an exciting time for them and we look forward to getting to know these students and their families as they join our school community.

Calendar Dates

Term 4

**21<sup>st</sup> – 25<sup>th</sup> November**

SAPSASA Cricket/Tennis Carnival

**22<sup>nd</sup> & 23<sup>rd</sup> November**

Year 7 Transition

**28<sup>th</sup> November – 2<sup>nd</sup> December**

Year 11 Exams

**2<sup>nd</sup> December**

Year 12 Dinner

**12<sup>th</sup> December**

Presentation Night – 7.30 pm

**14<sup>th</sup> December**

Carols – 6 pm

All newsletter items must be submitted by Monday 9am prior to printing. The Newsletter is printed every fortnight. Thank you.



We have some wonderful celebrations planned in the last week of school. On Monday 12<sup>th</sup> December our Annual Presentation Night will be held and I strongly encourage all families to attend. Our Federal Member for Barker, Tony Pasin will be in attendance along with other special guests. The Carol's Night this year is on Wednesday 14<sup>th</sup> December. We hope to see you and your family at Carols Night for some entertaining Christmas music and fun.

Week 9 is also a time for students to celebrate their achievements with their Home Groups teachers and a number of excursions are planned.

Let's keep the focus and round the 2016 school year off in fine style with the determination to succeed and continue our very best to the end of the year.



### Senior Mathematics

David Sonntag

#### Year 10

The Australian Curriculum is now in operation across the country, where the mathematics is divided into 3 major strands;

Number and Algebra, Measurement and Geometry, Statistic and probability.

The proficiency strands are an integral part of the mathematics content across the 3 major strands. At year 10 level, the mathematics topics covered must include:

**Understanding:** includes applying the four operations to algebraic fractions, finding unknowns in formulas after substitution, making the connection between equations of relations and their graphs, comparing simple and compound interest in financial contexts and determining probabilities of two- and three stop experiments

**Fluency:** includes factorising and expanding algebraic expressions, using a range of strategies to solve equations and using calculations to investigate the shape of data sets.

**Problem-solving:** includes calculating the surface area and volume of a diverse range of prisms to solve practical problems, finding unknown lengths and angles using applications of trigonometry, using algebraic and graphical techniques to find solutions to

simultaneous equations and inequalities and investigating independence of events.

**Reasoning:** includes formulating geometric proofs involving congruence and similarity, interpreting and evaluating media statements and interpreting and comparing data sets.

#### Stage 1 Maths

2016 is the first year for the revamped courses to bring this subject in line with the Australian Curriculum. The maths subjects are;

*Mathematics* – 3 semester course leads to Maths method and specialist maths in year 12.

*General Mathematics* – Equivalent to the 'old' Maths Applications Course.

*Essential mathematics* – Equivalent to 'old' Maths Pathways Course.

Details about the topics and content for each subject are on the SACE website under subjects.

#### Stage 2 Maths

2016 is the last year in which the current offerings will exist.

In 2017 Stage 2 Maths will align with the Australian Curriculum under the subject names;

Essential Mathematics

General mathematics

Mathematical methods

Specialist maths

All the details are on the SACE website under Stage 2 subjects.

Year 11 students in 2016 need to discuss their appropriate Maths subject for 2017 with Mr Sonntag.

#### Challenge Problem

Year 9/10 standard

Comes under the strands problem solving and understanding.

**Four tennis balls fit snugly (touching bottom, top and sides) in a cylindrical can. What fraction of the volume is in the can is air? (You do not need to make any measurements to answer this question).**

**CAN YOU DO IT? Answer in next newsletter**



# Coomandook Area School

"Striving To Make The Difference"

22<sup>nd</sup> November, 2016

*You are invited*

We invite you to attend our Annual Presentation Night to be held on:

**Monday 12<sup>th</sup> December, 2016**  
**at the Coomandook Town Hall at 7.30pm**

A program will be available on the night.

**Please RSVP** to Chris Lucas, via phone on 8573 3007 or email [Christine.Lucas281@schools.sa.edu.au](mailto:Christine.Lucas281@schools.sa.edu.au) by Wednesday 30<sup>th</sup> November, 2016.

Yours sincerely,

A handwritten signature in black ink, appearing to read 'Maddie McGinty'.

**Maddie McGinty**

Deputy Principal

On behalf of the

CAS Events Committee

Principal: Kaye Fitton

Governing Council Chairperson: David Peter

Phone: 85 733007 Fax: 85 733185

[www.coomyas.sa.edu.au](http://www.coomyas.sa.edu.au)

[dl.0729.info@schools.sa.edu.au](mailto:dl.0729.info@schools.sa.edu.au)

# Carols by Candlelight

Hosted by Coomandook Area School

## Day

- Wednesday 14<sup>th</sup> of December

## Time

- 6:00 - Tea  
- 6:45 - Students check in with teachers  
- 7:00 - Carols

## Location

- Coomandook Area School Oval

## Performing

- Community Performers  
- School & Community Band  
- Kindergarten  
- Reception/Year 1/2 Music Class  
- Year 2/3/4 Music Class  
- Year 5/6/7 Music Class  
- Year 8/9 Music Class  
- Instrumental Music Students  
- Local performers

## Food &

## Refreshments

- Governing Council will be running a Barbecue on the evening available from 6:00pm - 7:00pm  
- Parents and Friends will also be selling tea, coffee, soft drinks and cakes throughout the evening

- Both battery operated and real candles will be available for adults to purchase on the night-

We look forward to seeing you  
on Wednesday December 14<sup>th</sup>

# Calling All Musicians!!!!

(or anyone who owns and can play  
an instrument!)

Coomandook Area School will this year be hosting a Community Christmas Carols event and would love your involvement! We are after any parents, caregivers, brothers, sisters, family, friends or community members who would like to join students and staff in a community band for the evening, or any community groups who may like to perform as a guest artist or simply be involved at all in the evening.

## What you need to know

**Date:** Wednesday 14<sup>th</sup> December

**Time:** 6:00 Tea 7:00 Carols

**Location:** Coomandook Area School Oval

**Ability level:** From beginner to advanced –music will be allocated based on ability levels

**Instruments:** If you have it and can play it we will do our best to find you some music

**Rehearsal:** Students will be rehearsing during their music lessons on Friday mornings that community band members are welcome to attend and we will schedule a community rehearsal time and frequency that suits those who would like to be involved.

If you would like any more information please do not hesitate to contact me at the school on 85 733 007 or via email at [dl.0729.info@schools.sa.edu.au](mailto:dl.0729.info@schools.sa.edu.au)



Please cut off and return to school or email the information to [dl.0729.info@schools.sa.edu.au](mailto:dl.0729.info@schools.sa.edu.au)

Name(s): \_\_\_\_\_

Instrument: \_\_\_\_\_

Contact email or phone number: \_\_\_\_\_

Ability Level: Beginner      Intermediate      Advanced

Rehearsal Availability: Mon Tues Wed Thurs Fri

Time options (pm): 4-5 5-6 6-7 Other: \_\_\_\_\_

Community News



Dr Lucinda Bell BNutrDiet (Hons) PhD APD  
Research Fellow (Monday - Thursday)  
Nutrition and Dietetics | School of Health Sciences  
Faculty of Medicine, Nursing and Health Sciences  
Flinders University  
Sturt Rd, Bedford Park | South, Australia | 5042  
Ph: +61 8 8204 5957 | Fax: +61 8 8204 6406 |  
Email: [lucy.bell@flinders.edu.au](mailto:lucy.bell@flinders.edu.au)  
Location: L7, Rm 7E107 Flinders Medical Centre |  
Flinders Drive | Bedford Park SA 5042  
Mall: Nutrition and Dietetics, Flinders University |  
GPO Box 2100 Adelaide SA 5001  
Website:  
<http://www.flinders.edu.au/medicine/sites/nutrition-and-dietetics/>

Dear Council,

I am pleased to inform you of a new and free online healthy lifestyle program for families with primary school children.

This program, called PEACH™ *Lifestyle*, has been designed to support families with information on Parenting, Eating and Activity for Child Health. PEACH™ takes a novel approach, including parenting skills training together with healthy eating and physical activity information to assist parents in establishing and maintaining healthy eating and activity habits in their children. Only parents participate in the program.

Our PEACH™ *Lifestyle* free online program is suitable for all families with primary-school aged children who would like to improve their family lifestyle. This program is being delivered by experienced dietitians with support from Flinders University researchers. Families can register for the program at our website [www.peachlifestyle.com.au](http://www.peachlifestyle.com.au).

We are asking for your help to inform families about our PEACH™ *Lifestyle* program. Enclosed is the program flyer. We would appreciate if you were able to help us spread the word, for example, by displaying the flyer on your council noticeboards, including it in council newsletters, emails or notices to families, and posting on your social media pages.

Please don't hesitate to contact me if you have any questions about the program. Thank you for your help.

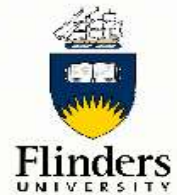
Yours sincerely

A handwritten signature in black ink, appearing to read 'Lucinda Bell'.

Lucinda Bell  
Nutrition and Dietetics  
School of Health Sciences

# PEACH™ LIFESTYLE

Would you like your kids to eat well and be active?  
Would you like to improve your family's lifestyle?



## Our FREE online PEACH™ Lifestyle program can help

### What is PEACH™ Lifestyle?

PEACH™ (Parenting, Eating and Activity for Child Health) Lifestyle is a FREE healthy lifestyle program. It is currently funded by the Channel 7 Children's Research Foundation.

PEACH™ Lifestyle provides parents with skills to

- Improve child diet;
- Increase child activity time;
- Reduce child screen time; and
- Problem solve and plan ahead to improve family lifestyle

*"The program was excellent and we're very grateful to have been able to participate. We can see the difference it is making"*

### Who is it for?

PEACH™ Lifestyle is a FREE program for families with a primary school-aged child.



### What does it involve?

- Over 6 months you will:
  - Complete our short, online sessions
  - Join our 1 hour online 'Video Chat' sessions with our PEACH™ facilitator
  - Use our 'Discussion Forum' and hear from other parents
  - Complete a survey before and after the program to see what benefits your family has gained from engaging in PEACH™ Lifestyle.

CRICOS No. 00114A



**Register now at:**

[www.peachlifestyle.com.au](http://www.peachlifestyle.com.au)

or email [peach.lifestyle@flinders.edu.au](mailto:peach.lifestyle@flinders.edu.au)

# KAROONDA FARM FAIR

## LIFE IN THE MURRAYLANDS PHOTOGRAPHY COMPETITION

CASH PRIZES!

PROUDLY SPONSORED BY...  
**MURRAY COMPUTERS**

FREE TO ENTER AND OPEN TO ALL AGES!

A COMPETITION FOR PHOTOGRAPHS OF ALL THINGS MURRAYLANDS...  
 weather, people, animals, flora, architecture etc.

ENTRIES CLOSE 17<sup>TH</sup> MARCH 2017

ENTRIES CAN BE SUBMITTED BY EMAIL OR POST

For entry form and more information:

Website: [www.farmfair.com.au](http://www.farmfair.com.au)  
 Email: [shaneandsonmarcho@hotmail.com](mailto:shaneandsonmarcho@hotmail.com)  
 Phone: Sonja 0400 284 468

## Blue Light Christmas Disco

Friday 25th November 2016  
 5.30pm to 7.30pm  
 @ The Station, Railway Tc, Murray Bridge  
 Ages 5-15 years.  
 DJ Steve Murphy from Mix 102.3

\$5 Entry

Lock in event, fully supervised  
 Food & drinks available to purchase  
 Free Sausage Sizzle  
 Games and Prizes to win

[www.bluediscolights.com.au](http://www.bluediscolights.com.au)  
 Ph: 853566005

## 2017 School Holiday Programs

### SA Whale Centre Victor Harbor

**Shipwrecked**  
 How to survive out at sea. Make a telescope and tie nautical knots.  
 27<sup>th</sup> Dec 2016 - 27<sup>th</sup> Jan 2017

**Painting Workshops for Kids**  
 Learn tips from a professional artist as painting coastal scenery or whales.  
 (Covers with the Story Art Show in Victor Harbor)  
 17<sup>th</sup> - 20<sup>th</sup> January 2017

**Junior Whale Spotter Program**  
 Learn how to spot & identify whales seen on the South Coast.  
 18<sup>th</sup> - 26<sup>th</sup> April 2017

**Penguin Parade**  
 How do penguins stay dry? Make a penguin snow globe or height chart.  
 11<sup>th</sup> - 21<sup>st</sup> July 2017

**Octopus Oasis**  
 How does an octopus camouflage itself? Take home an octopus artwork.  
 2<sup>nd</sup> - 11<sup>th</sup> October 2017

**Oceanic Christmas Decorations**  
 Make ocean themed Christmas decorations to take home.  
 19<sup>th</sup> - 22<sup>nd</sup> December 2017

**Shell Divers**  
 Learn about the creatures who live in shells and create some fun shell art!  
 26<sup>th</sup> December 2017 - 26<sup>th</sup> Jan 2018

Bookings Essential. Suits primary school aged children  
 Phone: 8561 8789 or email [whalecentre@victor.sa.gov.au](mailto:whalecentre@victor.sa.gov.au)  
 Public sessions: Tuesday, Thursday & Friday 1.30-2.30pm.  
 OSNC bookings: Monday - Friday. Minimum 10 students.

The Coomandook Amalgamated Pastime Club  
 presents the

## Mallee Melee

"Sophistication under the stars"

"Vine Hill Scrub"  
 Coomandook  
 Saturday, 25<sup>th</sup> February 2017

Cocktails of 4-50 - 7:30 pm  
 Dinner to be served at 8:00 pm

- Black Tie
- VIP Cabaret
- Complimentary Cocktail Hour

- 3 Course Meal served at your table
- Live Band - Mr Buzzy
- Bar facilities - NO BYO please
- Complimentary wine on table

Please forward Booking Slip and Payment to:  
 Dining Reception  
 "Vine Grove" PO Yumart SA 5251  
 Mobile: 0428 536029  
[booking@coomandook.org.au](mailto:booking@coomandook.org.au)

- There will be no tickets issued as tables will be reserved on payment.
- Please check for table allocation at entrance.

\$90 per adult. No bookings after 20th February.  
 Members entitled to list 160. Tables only reserved on payment.  
 Please enclose cheque payable to CAPC with reservation or bring on-the-day to CAPC.  
 833 105000. Account No. 533811540 please email names of guests and confirmation of payment to [booking@coomandook.org.au](mailto:booking@coomandook.org.au)

- Tables are booked for groups of 10
- Please provide special dietary requirements
- We would prefer table host to book & dine as a group.
- Smaller/larger groups accepted & will be allocated an appropriate table.

Table Host (1) _____	Ph: _____	Email: _____
Name: (2) _____	(3) _____	(4) _____
(5) _____	(6) _____	(7) _____
(8) _____	(9) _____	(10) _____